Girls Program

Centre for Sexuality



2022 Alberta K-6 Curriculum Overview

Module 1: Self	Module 2: Relationship to Others	Module 3: Community
 Students explore various areas of development. Students analyze and explain responsibility and how it can impact personal and group safety. Students explain how development and puberty are connected. Students interpret how resilience and perseverance can be influenced by a variety of life experiences. 	 Students explore various areas of development. Students analyze and explain responsibility and how it can impact personal and group safety. Students reflect on resolution and explain connections to healthy relationships. Students interpret how resilience and perseverance can be influenced by a variety of life experiences. 	 Students analyze and explain responsibility and how it can impact personal and group safety. Students reflect on resolution and explain connections to healthy relationships. Students interpret how resilience and perseverance can be influenced by a variety of life experiences.
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Module 1: Self

- Students analyze responsibility and consider the impact on well-being.
- Students acknowledge and connect perspectives of self and others through communication and listening skills.
- Students reflect and relate life experiences to perseverance and well-being
- Students investigate maturation and identify changes during adolescence
- Students connect puberty to the capacity for human reproduction.

Module 2: Relationship to Others

- Students analyze responsibility and consider the impact on well-being.
- Students acknowledge and connect perspectives of self and others through communication and listening skills

Module 3: Community

- Students analyze responsibility and consider the impact on well-being.
- Students acknowledge and connect perspectives of self and others through communication and listening skills.



Module 1: Self

- Students connect strategies for well-being to life opportunities and lifelong learning.
- Students consider and describe a variety of perspectives that support the development of healthy relationships.
- Students examine physical, social, personal, and environmental factors connected to maturation during adolescence.
- Students investigate human reproduction from fertilization to birth.

Module 2: Relationship to Others

- Students connect strategies for well-being to life opportunities and lifelong learning.
- Students examine risk and identify the factors that influence action.
- Students examine physical, social, personal, and environmental factors connected to maturation during adolescence.
- Students consider and describe a variety of perspectives that support the development of healthy relationships.

Module 3: Community

- Students connect strategies for well-being to life opportunities and lifelong learning.
- Students examine risk and identify the factors that influence action.