



## Member of the Board of Directors

### Pat Cochrane

***Learning about healthy sexuality and healthy relationships is important for all of us, throughout our lives. CSHC supports this learning.***

Pat Cochrane is currently completing her Master of Arts in Leadership at Royal Roads University. After holding leadership roles for many years, Pat is enjoying the study of the theories and practices of leadership.

Pat served for 14 years as a trustee with the Calgary Board of Education, 10 of those as Chair of the Board. Child and youth-serving organizations are near and dear to her heart and she has had the opportunity to be engaged with many Calgary organizations. Pat has served on the boards of Big Brothers Big Sisters of Calgary and Area, Education Matters Calgary's Public Education Trust, and the Child and Family Services Authority of Calgary and Area. She has also been involved in supporting Calgary's theatre community and enjoys politics.