



## Member of the Board of Directors

### Elsbeth Mehrer

*I believe each of us should be free and safe to love who and how we love. As a committed intersectional feminist, an advocate and a mother, I believe CSHC contributes to a healthier community for all.*

Elsbeth Mehrer is Director, External Relations for the YWCA of Calgary. As a member of the YWCA team, her areas of accountability include communications, government and community relations and resource development. As part of an organization which has embraced the critical role of social service agencies to serve and advocate, a core focus of Elsbeth's work is building relationships with government and agency partners to identify, address and ultimately solve issues that affect vulnerable women in the community.

Prior to joining the YWCA, Elsbeth was the Director of Research, Workforce and Strategy (RWS) at Calgary Economic Development, where she provided the Calgary business community with current and reliable business and workforce development research and policy alternatives. Prior to CED, Elsbeth worked as an engagement manager for Critical Mass in Calgary and had a five year career as a newspaper reporter in British Columbia.

Elsbeth is a graduate, with honours, of SAIT Polytechnic's Journalism program. She can often be found in a hockey rink cheering on her son and daughter.